

THE ELMS MEDICAL PRACTICE

March 2024 NEWS

The practice will be closed for staff training on the 19th March 2024 from 1pm-6:30pm. we will re-open at 8am the next day. In case of an urgent query please contact NHS111

We would like to welcome Jessica Collings our newly appointed Medicines Manager to the team!

NEW PHARMACY FIRST SERVICES

NHS

AVAILABLE WITHOUT PRESCRIPTION

- sinusitis
- sore throat
- earache
- infected insect bite
- impetigo
- shingles
- uncomplicated urinary tract infections in women



The Elms Medical practice

FREE & CONFIDENTIAL

CHLAMYDIA

TESTING
for 15-25 year olds

Pick up a disc & swap for a test kit at reception or in your appointment

for discretion the discs are located in patient toilets and clinician/nurse rooms

Swap for a kit

WHY GET TESTED?

You should be tested for chlamydia especially if you have ever had unsafe/unprotected sex and/or change sexual partners. Untreated chlamydia infection can spread and can cause:

Infertility pregnancy complications

Long term pelvic infections Chronic abdominal/testicular pain.

Remember, always use a condom to protect against Chlamydia and other STIs

Important Patient Notice Prescription Requests

Local pharmacies are no longer taking repeat prescription requests

WAYS YOU CAN REQUEST

- Via NHS App



- Via Patient Access App <https://www.patientaccess.com/>
- Drop off at the post box at the front entrance or in person at the GP Practice reception
- Post your paper prescription request along with a SAE (stamped addressed envelope)

Please note your prescription requests takes two working days from receipt to be processed



What the practice did in February

One Practice /One Month

Appointments booked = 1082

Physio appointments = 110

Number of referrals = 195

Number of new registrations = 127

Number of prescriptions issued = 3340

Number of cervical smears the practice nurses did = 48

MMR vaccines given= 27



NHS
Countess of Chester Hospital
NHS Foundation Trust

Congratulations!

If you've just discovered you're expecting a baby, The Countess of Chester Hospital maternity team are here to support you, your baby and your family during and after your pregnancy.

We offer accessible maternity care and you can self-refer with ease by scanning the QR code to complete an online booking form. Our team will then contact you – there's no need to contact your GP to access our maternity care services. We look forward to providing you with the care you deserve during this important journey.

Please contact 01244 363487 if you have any queries.

Self-refer
Scan me to complete your booking form. Have your NHS number to hand.

DNA- Did Not Attend

February 2024

263 apps = 43.8hrs

Patient Feedback Corner

HELLO. I JUST WANTED TO FEEDBACK THAT I'VE HAD A REALLY GOOD SERVICE FROM CLINICAL STAFF OVER THE PAST FEW MONTHS. I DON'T REGULARLY NEED TO ATTEND THE PRACTICE, BUT I HAVE TWICE IN THE PAST YEAR AND BOTH TIMES WERE EXCELLENT. ON ONE OCCASION, THE GP WAS ABLE TO PRESCRIBE BASED ON INFORMATION IN MY E-CONSULT, SAVING ME COMING IN FOR AN APPOINTMENT TO GET TREATMENT.....



UK Health Security Agency **NHS**

think measles

It's not just a kids' problem

Teenagers, young adults and anyone who has missed their MMR vaccination can get measles.

Symptoms such as:

- high fever
- rash – sometimes starting around the ears
- sore red eyes
- cough
- aching and feeling unwell

Remember, if it could be measles – they need to be in an area where they cannot pass the infection to vulnerable patients such as the immunocompromised and pregnant women.

For more information go to www.nhs.uk/vaccinations

immunisation
Helping to protect everyone, at every age

36%

Over a third of the public are unaware that general practice reception teams are specially trained to direct them to the right health professional for their needs.



When you contact your general practice, a member of the reception team will ask you some questions about your need.



It is important to give the reception team as much information as possible and any information you share will be treated in confidence.



The reception team is specially trained to direct you to the right care from the right health professional.

Your general practice team is here to help you. Visit nhs.uk/GPservices to find out more.

Your health matters Help us help you

66.8 million prescriptions ordered

Scan to find out how you can use the NHS App to order repeat prescriptions



11:02



NHS App

Scarlet Fever

Scarlet Fever

Scarlet fever is a contagious infection that mostly affects young children, and is easily treated with antibiotics.

Call your GP practice if you or your child has the following symptoms:



A bumpy rash with a sandpaper-like feel on the chest or stomach



Fever



Sore throat



'Strawberry' tongue (red, swollen, covered in bumps)



Swollen tonsils

Now offering Sexual Health walk-ins in your area

What?

Free confidential sexual health screening, advice and all types of contraception; including emergency contraception now available.

Where?

Fountains Health, Chester

Stanney Lane, Ellesmere Port

When?

Mon, Wed, Thu, Fri 08:15-11:30
Tue (under 19 only) 16:00-18:15

Mon (under 19 only):
15:30-18:15
Fri 08:30-11:30

t: 0300 247 0020

w: www.thesexualhealthhub.co.uk

Scan our QR code to visit our website where you can find more information about our services

